



# Perspective



## President Gresham to Present Annual Address at ASP Luncheon December 8

By Shirley Mears/Jack Arnold

“Southern Nazarene University in Change: A Current Perspective” will be the title of Dr. Loren Gresham’s annual speech to the members and guests of the Academy of Senior Professionals on Monday, December 8, in the Heritage Room of the Webster Commons.



President Gresham

In the speech he will address “Homecoming in retrospect, the fall picture of the University, including enrollment trends and campus-life snapshots.” He will conclude with a perspective on the short-term future of the University. Members and guests will have an opportunity to ask questions of Gresham in a forum that will follow the speech.

President Gresham has many interests, but devotes much of his time to the many concerns and activities of people who are interested in lifelong learning.

The Loren Gresham family moved to Bethany in 1967 when Gresham became professor of political science at Bethany Nazarene College, which is now Southern Nazarene University (SNU). He completed his Ph.D. degree in 1973 at the University of Oklahoma.

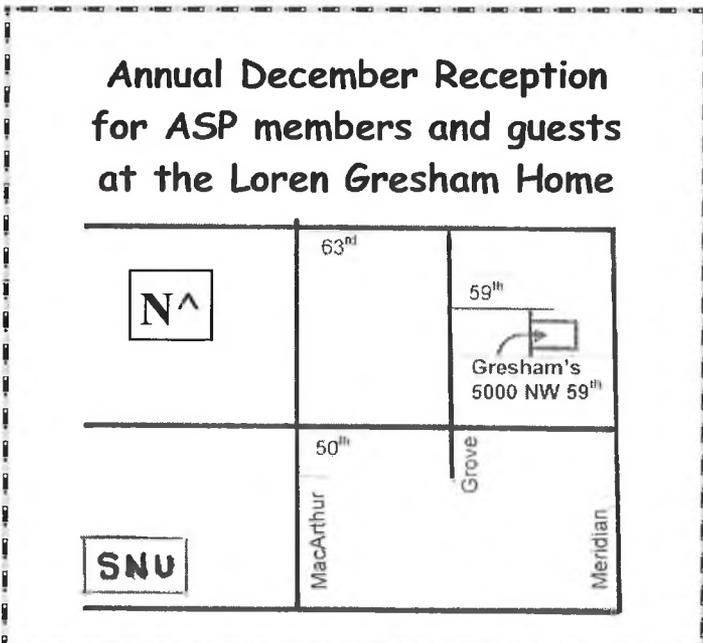
In 1989, Dr. Gresham became President of SNU. As its leader, he has fostered the growth of the University in student enrollment, new campus buildings and facilities, and curriculum development. He approved the implementation of the ASP on the SNU

campus in 1990 and has been a “friend of the Academy” since its inception.

Dr. Gresham is married to the former Linda Brown, his classmate at Pasadena College, which is now Point Loma Nazarene University. They have one daughter, Lynette Suzanne Strawn, who lives in San Diego with her husband, Brad, and the Greshams’ two grandsons, Evan and Keaton.

A cordial invitation from Dr. and Mrs. Gresham is extended to all ASP members and guests to attend a Holiday Reception in their home, Monday, December 8, 1:30-3:00 p.m. See address and map below.

**[Luncheon meeting begins at 11:15 a.m. and ends at 1:00 p.m. Cost is \$7.25. Reservations are requested before Friday, December 5; (Phone 405.789.2036.)]**



**MERRY CHRISTMAS**



Your president's point of view:  
by Jack David Arnold

## On Being Thankful for a "Wound Newly Healed"

by  
Jack David Arnold, Ph.D.

Prostate cancer (PC), the single most common form of solid tumor in humans, usually strikes more than 70 percent of men over the age of 65, according to a 2002 article in *Presbyterian Hospital of Dallas*.

PC occurs when cells in the prostate, which is located in men below the bladder and in front of the rectum, begin to grow out of control.

PC is second only to lung cancer in annual cancer deaths of American men and causes almost as many deaths annually as breast cancer does to women.

PC is the second most common type of cancer in American men, other than skin cancer, according to the American Cancer Society.

When my urologist, Dr. James Cochran, told me in his office at the Dallas Presbyterian Hospital, "Jack, you have prostate cancer," I was thrust into an immediate and fearful state of confusion. I can still recall my inability to move a muscle for what seemed like an eternity after hearing his diagnosis.

Paul the Apostle wrote in his first letter to the Thessalonians, "In every thing, give thanks" (5:18). At the moment of Dr. Cochran's diagnosis, I thought of every thing other than being thankful for those words. After having several consultations, medical tests, and cryosurgery, my heart today is full of joy, appreciation, and gratitude for this new experience.

Dr. Cochran's prognosis for me is for a "90-to-100 percent cure," because he caught my PC early, could report that the "tumor was confined to the organ," and knew that cryosurgery would freeze the PC cells. He administered hormone therapy on August 27, which shrunk the prostate to the size that Dr. Russell Graham, his surgical associate, could perform "successful cryosurgery" on me October 21.

Today I am **thankful** for the many resources available to me as a PC patient. I am enjoying the unwavering support of my relatives, loved ones, and friends. The maxim says, "A friend is a friend for all time." My friends of more than fifty years and Academy of Senior Professional members, Dr. and Mrs. J. Robert "Bob" Emmel, drove down from Oklahoma City to Dallas to be "here for me" before, during, and after my cryosurgery. I shall be forever grateful to them for their loving, faithful, and spiritual care.

I am also **grateful** to my physicians, Drs. Cochran, Graham, and William Reardon, my internist, as well as allied

Continued next column



*"Sharing a  
Continuous  
Flight"*

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health professionals who used their education, training, and skills to provide me with state-of-the art pre- and post-operative care.

Upon the recommendation of Dr. Reardon, I began seeing Dr. Cochran every six months in the summer of 2000. On August 8, 2003, he discovered "a fairly aggressive tumor in my prostate. After meeting with me for over one hour in his Dallas office and thoroughly explaining my treatment options, he recommended that Dr. Graham, his associate, should perform the cryosurgery in October.

**Dr. Cochran stresses that those senior adult men, especially those over 70 years of age, should have physical urological examinations and PSA tests done every six months.**

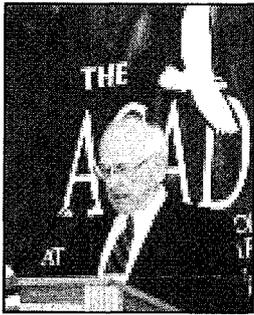
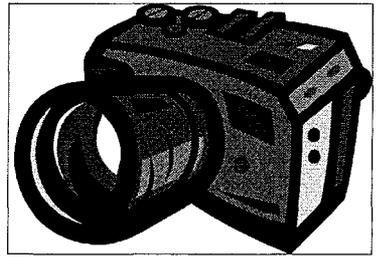
My **serendipitous discovery** of an abundance of PC information and support has been a life enhancement. For example, I found *US Too! International (USTI)*, whose mission

Continued on page 6—Arnold

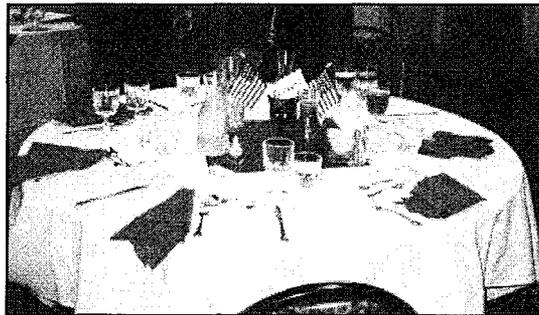


# ASP PICS

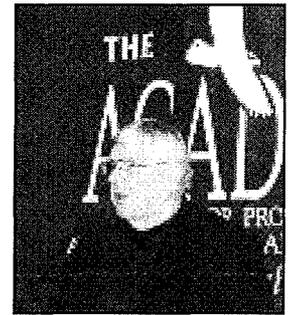
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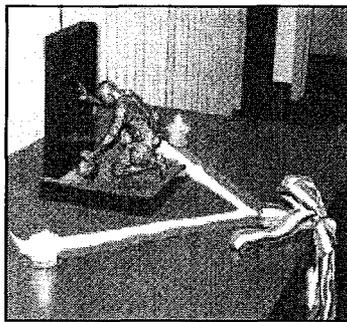
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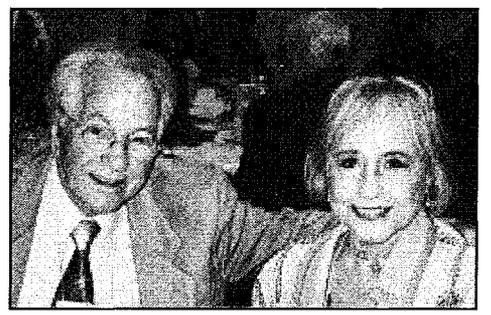
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- 1. George Miller, Luncheon speaker, former Oklahoma Senator, ASP member
- 2. Luncheon table decorations
- 3. VP Tom Barnard presides in absence of President Jack Arnold
- 4. Don & Helen Sanders, Grandview, MO, guests of Darlene Overholt

- 5. Veterans Day room decorations
- 6. Jack & Neva Sanders, Yukon, OK, guests of Darlene Overholt
- 7. Tom & Janelle Garber, Carthage, MO, guests of June Phillips
- 8. Ruby McAllister, sister/guest of Billie Harrison

- 9. Visitors Bob & Doris (Littrell) Condon from Del Mar, CA
- 10. George (luncheon speaker) & Mary Evelyn Miller
- 11. Jo Ann Brannon, new member.
- 12. David & Mary Snowbarger, Dodge City, KS, guests of Nona Burkhart.



*“If you ask me”*  
By Vada Lee Barkley

**How Jesus Worked**

(Second of two parts—Pt. I appeared in Nov. Issue)

Or take the case of Nicodemus who came to Jesus by night. The Bible doesn't say, but everyone believes he carried a lantern. Somewhere I saw a picture of him as he came to Jesus, carrying a lantern.

If this had happened in our generation, someone would have stressed the lantern. He might have started The Church of the Lantern, using a lantern as its symbol. The secular world might have called them “Lanternites.”

No matter where they held services, all members would be required to carry a lantern, even in the daylight. In time, they would discontinue carrying lanterns and wear lantern pins, put up lantern posters, and display lantern banners.

It would be a great lantern movement. Books would be written about the causes that led to Nicodemus' choice of that certain kind of lantern. A lot of controversy would arise over the actual time he lit the lantern that night. Some would say at nine o'clock; scholars equally as prominent would go to great lengths to prove it was eight-fifty-nine.

During this emphasis on the lantern and the controversy over the time Nicodemus lit the lantern, it would be easy to forget that Jesus said to Nicodemus. “You must be born again.”

This seems to be the only time Jesus said, “Ye must be born again.” As important as the new birth is, Jesus used that expression only once, as far as we know. The important thing was getting that man's attention centered on Jesus and what He commanded.

The living, radiant presence of Christ! That is what we need most to bring people to Him. That is really all we need.

We are not told that Jesus opened the meetings of His little flock with prayer. Strange, but He didn't take an offering either. Of course, we need offerings. But we have no record that Jesus had Judas pass the plate every time they met.

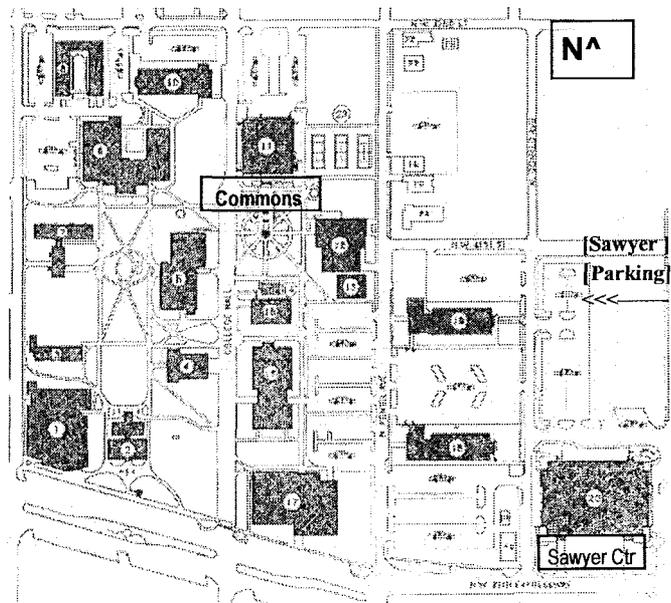
We're not told that Jesus invited them to an altar of prayer while they sang an invitation hymn at the close of His message, {I'm not saying anything against that method, but evidently Jesus didn't do it that way.} Nor are we told that He passed out decision cards.

We can often make a mistake in our emphasis upon an experience. No experience ever satisfies the human heart. If we have Him in all of His fullness, we will have His gifts of the new birth, His purity, and His power. We come short, however, if we do not emphasize His living, abiding, glorious presence.



—Special News Item—  
**ASP Parking Changes Go Into Effect December 8**

Starting with the December 8 meeting, ASP members and guests may use SNU's Sawyer parking lot as our ASP designated parking area. SNU President Loren Gresham has generously volunteered the use of SNU's Security Services to help with the ASP Shuttle Service. A map showing the close proximity of the Sawyer parking lot to the Webster Commons is shown below.



**Library Corner**  
By Bea Flinger

An excellent book just in time for the Christmas season is *Carols of Devotion: Treasures From Our Favorite Hymns*, by Doug Samples. It is a compilation of devotionals based on selected phrases chosen from carols and hymns.

The author extracted short phrases from various songs, and has written applicable devotions pertaining to selected key words. For example, from “Joy To The World” he has chosen the phrase “Far as the curse is found” and made the application to many of the curses in our world today. He then presents the reader with the hope and joy found in Christ.

An interesting concept used by the author is the inclusion of examples taken from his own life, and that of his wife and children. Dr. Samples is an Associate Professor of Practical Theology at Southern Nazarene University. He is active in ministry, serving as associate pastor at Oklahoma City First Church of the Nazarene, and speaking at many spiritual formation events. He and his wife, Cheryl, and their two sons reside in Oklahoma City. (Partial excerpt taken from the book cover).

The book is in the SNU Library, and the call number is BV/530/.S26/2003.

**If you do *not* receive a call for your luncheon reservation,** please contact Mr. Larry Henderson (405.752.5507 or revpo@yahoo.com). Your reservation is important and essential to a smooth operation between our caterer and the ASP.



Poet's Corner

By Jack Pischel



A look at a book

By Wini Howard



CHRISTMAS SONG

Christmas is a time for loving.  
 Christmas is a time for joy!  
 Christmas is a time for giving—  
 God gave us a little Boy.

And when He became a man,  
 He gave to us a wondrous plan—  
 To bring love and joy and giving  
 To our world.

And when He became a man,  
 He gave to us a wondrous plan—  
 To bring love and joy and sharing  
 To our world.

Christmas is a time for presents.  
 We should give them lavishly  
 Christmas is a time for singing,  
 As we gather 'round the tree.

For when God became a Man,  
 He gave to us a wondrous plan—  
 To bring love and joy and singing  
 To our world

Christmas is a time for candles.  
 Christmas is a time for light!  
 Christmas is a time for Angels,  
 Like the shepherds saw that night.

For when God became a Man,  
 He gave to us a wondrous plan—  
 To bring love and light and blessings  
 To our world.

To bring love and joy and giving  
 To our world.

Jack C. Pischel



IN THE PRESENCE OF MY ENEMIES

by Gracia Burnham

Gracia Burnham's story has been much in the news in recent months. Her rescue and return home to Kansas have been an exciting happening in the Christian community.

Her account of what took place in the jungles of the Philippines for over a year is much more than interesting. How she and her husband survived the rigors of mostly outdoor living and the much less than tender care of their Muslim terrorist captors, is very amazing. (I fear that one week would have been my limit.)

Their mere survival was certainly a miracle in itself. Gracia's prayers for freedom were not answered as she had hoped; but there were many indications, through small blessings, that God was somehow sustaining them.

The fact that Gracia and Martin were captured by terrorists was rather ironical. They were celebrating their 18th wedding anniversary at a rather luxurious resort. Gracia even felt a little guilty about the \$200 price. Their captors were not interested in missionaries, who were not known to pay ransoms. They thought they were capturing wealthy, influential people whose families or friends would be willing to pay a high ransom for their freedom.

Almost all of the other captives, who were a mixture of races, were "ransomed out". Money had been given for the Burnhams, but the terrorists were asking for more.

Finally, the Armed Forces of the Philippines freed them, but there was a battle between the terrorists and the AFP. Martin was shot and died. Gracia was brought out by helicopter and after a few days came home to her three children in Kansas, where they now are. In the Presence of My Enemies is certainly a life-challenging story.

This book is available at Mardel.



Information You Can Use

By Shirley Mears

INTEGRIS Third Age Life

By Shirley Mears

I so enjoy being around people who focus on great thoughts and actions and I'm delighted to be a part of the Academy of Senior Professionals, whose motto is continuous learning.

I've been involved with another group that I believe you will want to know. INTEGRIS Health has an organization called the Third Age Life Centers. They have north and south locations. They offer specialized centers and programs that have been developed to assure the highest standards of care. Their focus is to continually improve the health status of the people they serve. Membership is free and they can be reached

at 405-949-4140 or 636-7474 for the south facility.

Membership includes:

- Free Health Screenings
- Free or discounted Computer Classes
- Discount at INTEGRIS PACER Fitness Center
- Free Flu Shots
- Discount Travel Programs
- Access to Intergenerational Programs
- Free Educational Seminars and Workshops
- Free Social Events
- Free use of Cyber Café
- Information on Support Groups
- Access to New and Improved Resource
- Library
- Monthly Life Times Newsletter
- Membership
- Prizes

Continued from page 2—Arnold

is “to communicate timely, personalized, and reliable information regarding detection and treatment of prostate cancer.” As a new USTI chapter member at Dallas Presbyterian Hospital, I am attending meetings and learning about treatment alternatives, and I have gained many new friends in our chapter’s support group.

Today, more than four months after my PC diagnosis, God’s melody of life fills me with health and vitality from the top of my head to the soles of my feet. Each time that I become still and reflect on my spiritual nature, I have an increased awareness of the divine melody of life that is playing within me and through me.

I feel vitally alive because I know that I am expressing the perfect pattern of God-life that resides in my organs and muscles, my circulatory system, and bones. The very atoms of my being are vibrating with well-being. The divine melody is ringing in my ears, and this rhythm of life is reverberating as an affirmation of renewal and healing throughout my body.

I choose to reveal my PC diagnosis in this editorial because I want to share my “experience, strength, and hope” with PC patients, spouses, partners, friends, and families who are or will be involved in their fight against cancer—the so-called “dreaded disease.” I find great comfort and hope in these words:

*Then, shall your light break forth like the dawn,  
and soon you will grow healthy like a wound newly healed.*  
—Isaiah 58:8, *The New English Bible*

~ ~ ~ ~ ~

### What Cancer Cannot Do

Cancer is so limited...  
It cannot cripple Love  
It cannot shatter Hope  
It cannot corrode Faith  
It cannot kill Friendship  
It cannot suppress Memories  
It cannot silence Courage  
It cannot invade the Soul  
It cannot steal Eternal Life  
It cannot conquer the Spirit  
Love, Laugh, Hope, Dream, Believe!

—Anonymous



### ASP Calendar

#### Monday: December 8

- 9:30-11:00 Writers Workshop-St.Conf.Rm.-Lower Level-Commons
- 10:00-11:15 Faculty Lounge open for early arrivals. Coffee available
- 10:30-11:00 Shuttle: Sawyer Parking Lot to Commons (Map p.4)
- 11:15-1:00 Luncheon meeting-Heritage Room-Commons
- 1:00-3:00 Shuttle to Gresham’s
- 3:00-4:00 Administrative Council - Faculty Lounge



### News Briefs

- **About ASP Benefits:**  
—Have you used your ASP ID to obtain discounts at the SNU bookstore? Many of the items are discounted for ASP members!  
  
—Additional benefits are listed on the handout that will be available at the luncheon.
- **Need an ID?:**  
If you haven’t received your ID, check with Ron Wilson’s secretary on the lower floor of the Commons.
- **New Membership Directory ready for distribution:**  
If you have not obtained your copy of the new 2003-2004 Academy of Senior Professionals Membership Directory they will be available at the December meeting. Please keep us informed of changes that occur in your directory information by contacting Don Beaver (405.491.6646 or dbeaver@snu.edu.)

### The Writers Workshop Report by Vada Lee Barkley

Present at the Oct. 13 meeting: Vada Lee Barkley, Larry Henderson, June Phillips, Mary Smith, Lyle and Bea Flinner, Darlene and Elbert Overholt, Billie Harrison, Lloyd and Joyce Ellis, and Jack Arnold  
Discussion included library and new visitors center updates..  
Suggestion: Exchange papers for perusal and corrections before being presented.  
Mary Smith distributed copies and read her “Little Girl Obedience School and I.”  
Larry Henderson read his “Do You Want to Be an Eagle?”  
June Phillips read “Puffed Up.”  
Vada Lee read “Adam and Eve” by Larry Henderson.  
Jack commented on the importance of the conversational impact.  
Vada Lee read her “Early Trauma.”  
**Next meeting: Dec. 8, 9:30, Student Conference Room, Lower Level, Webster Commons.**